

Introduction to Lean and Kaizen

Topics covered

- Introduction to lean
- House of lean
- 3M(muda,mura,muri)
- 7 Wastes(defects, over-production, transportation, waiting, inventories, motion, over processing)
- VA/NVA activities
- Basic lean tools & techniques
- Standard work
- Poka yoke
- Kaizen
- Kaizen event