

Industrial Safety & Ergonomics

Topics covered

- What is safety?
- Why Safety is important?
- Personal Safety in house, travel & driving. Professional Safety in the organization Chemical safety, electrical safety, Fire safety
- PPE usage .Safety reporting & Minimum first aid knowledge
- Safe assemble areas in organization and importance.
- Safety slogans & videos
- How ergonomics affect elements at work
- 3 Main ergonomics principles, Body mechanism
- Good ergonomics how it will improve our day to day activities